

# PRODUCT LIST

BREAD PRODUCTS		
194274	BAKER BOYS - CINNAROLLS 1.12 KG - 16 PACK	\$ 13.76
194091	DEMPSTER - BAGELS CINNAMON RAISIN - 6 PACK	\$ 5.17
78570	DEMPSTER - BAGELS 12 GRAIN - 6 PACK	\$ 5.17
194561	DEMPSTER – BAGELS PLAIN – 6 PACK	\$ 5.17
194092	DEMPSTER - BAGELS WHOLE WHEAT 100% - 6 PACK	\$ 5.17
194090	DEMPSTER - BREAD MULTIGRAIN	\$ 4.99
194567	DEMPSTER - BREAD SANDWICH BROWN	\$ 3.76
194563	DEMPSTER - BREAD SANDWICH WHITE	\$ 3.76
194550	DEMPSTER - BREAD WHITE SESAME	\$ 4.78
194551	DEMPSTER - BREAD WHOLE WHEAT 100%	\$ 4.78
194562	DEMPSTER - BUNS HOT DOG - 1 DOZEN	\$ 4.13
194556	DEMPSTER - ENGLISH MUFFINS EXTRA CRISP - 6 PACK	\$ 3.75
194093	DEMPSTER - HAMBURGER BUNS ORIGINAL - 1 DOZEN	\$ 4.02
78571	MCGAVIN'S - BREAD RAISIN – 680G	\$ 4.99
194225	OLAFSON'S - WRAPS ORIGINAL DELI - 10"	\$ 2.89
194094	SILVER HILL'S - BREAD SQUIRRELLY	\$ 5.19
194569	VILLIAGGIO - BUNS WHOLE WHEAT SAUSAGE	\$ 4.17
BUTTER		
171230	FRASER VALLEY - BUTTER SALTED - 250G	\$ 3.32
171235	FRASER VALLEY - BUTTER UNSALTED - 250G	\$ 3.37
171436	FRASER VALLEY - BUTTER SALTED - 454G	\$ 6.44
171435	FRASER VALLEY - BUTTER UNSALTED - 454G	\$ 6.56
171920	DAIRYLAND - BUTTER EUROPEAN CULTURED UNSALTED - 454G	\$ 6.61
71630	FRASER VALLEY - BUTTER SALTED - 40 X 250G	\$ 129.47
3132	SAPUTO - BUTTER SALTED - 1 X 25KG	\$ 296.05
71817	SAPUTO - BUTTER SALTED PORTIONS BOX 715 X 7G - 5KG	\$ 71.12
71821	SAPUTO - BUTTER PORTIONS WHIPPED BOX 715 X 4.5G - 3.2KG	\$ 52.61
BUTTERMILK		
131086	DAIRYLAND - BUTTERMILK 1% - 946ML	\$ 2.91
131088	DAIRYLAND - BUTTERMILK 3.25% - 946ML	\$ 3.13
130409	DAIRYLAND - BUTTERMILK 3.25% - 2L	\$ 5.90
CHEESE		
185257	ARMSTRONG - CHEDDAR SNACK BAG - GARDEN HERB - 10 X 21G	\$ 6.70
185254	ARMSTRONG - CHEDDAR SNACK BAG - MARBLE - 10 X 21G	\$ 6.70
185256	ARMSTRONG - CHEDDAR SNACK BAG - AGED - 10 X 21G	\$ 6.70
185221	ARMSTRONG - CHEDDAR MEDIUM - 200G	\$ 4.89
185222	ARMSTRONG - CHEDDAR AGED - 200G	\$ 4.96
185225	ARMSTRONG - CHEDDAR MARBLE - 200G	\$ 4.89
185223	ARMSTRONG - CHEDDAR EXTRA AGED WHITE - 200G	\$ 5.28
185224	ARMSTRONG - MOZZARELLA 27% - 200G	\$ 4.72
805053	ARMSTRONG - CHEDDAR MILD - 270G	\$ 7.18

# PRODUCT LIST

805052	ARMSTRONG - CHEDDAR MEDIUM - 270G	\$ 7.18
805050	ARMSTRONG - CHEDDAR MARBLE - 270G	\$ 7.18
805051	ARMSTRONG - CHEDDAR AGED - 270G	\$ 7.38
107561	ARMSTRONG - CHEDDAR MEDIUM - 600G	\$ 12.22
107562	ARMSTRONG - CHEDDAR AGED - 600G	\$ 12.73
107563	ARMSTRONG - CHEDDAR MARBLE - 600G	\$ 12.22
107565	ARMSTRONG - CHEDDAR EXTRA AGED WHITE - 600G	\$ 13.80
107564	ARMSTRONG - MOZZARELLA 27% - 600G	\$ 12.30
805101	ARMSTRONG - CHEDDAR MILD - 2.25KG	\$ 36.46
805102	ARMSTRONG - CHEDDAR MEDIUM - 2.25KG	\$ 37.37
805103	ARMSTRONG - CHEDDAR AGED - 2.25KG	\$ 38.40
805104	ARMSTRONG - CHEDDAR EXTRA AGED WHITE - 2.25KG	\$ 39.40
805106	ARMSTRONG - CHEDDAR MILD - 4 X 2.25KG	\$ 142.38
805107	ARMSTRONG - CHEDDAR MEDIUM - 4 X 2.25KG	\$ 145.93
486611	ARMSTRONG - CHEDDAR MEDIUM - 4.54KG	\$ 72.83
486612	ARMSTRONG - CHEDDAR AGED - 4.54KG	\$ 74.83
486613	ARMSTRONG - CHEDDAR EXTRA AGED WHITE - 4.54KG	\$ 77.83
486640	ARMSTRONG - MOZZARELLA 28% - 4.54KG	\$ 76.63
804047	ARMSTRONG - PROCESSED CHEESE MELTS 12 SLICES - 225G	\$ 5.00
804048	ARMSTRONG - PROCESSED CHEESE MELTS 24 SLICES - 450G	\$ 6.42
804074	ARMSTRONG - PROCESSED CHEESE YELLOW RIBBON SLICES - 2 X 2KG	\$ 46.46
882130	BARI - MOZZARELLA 15% - 454G	\$ 7.71
461506	SAPUTO - CHEESE HEAD SWIRLS - 48 X 21G	\$ 23.00
880916	SAPUTO - SHREDDED BLEND 4 FORMAGGIO - 320G	\$ 7.28
185260	SAPUTO - SHREDDED MOZZARELLA 20% - 320G	\$ 7.19
880913	SAPUTO - SHREDDED TACO NACHO - 320G	\$ 7.21
185259	SAPUTO - SHREDDED TRIPLE CHEDDAR - 320G	\$ 7.21
305280	SAPUTO - SLICED HAVARTI CREAMY - 160G	\$ 6.10
305915	SAPUTO - SLICED SWISS - 160G	\$ 6.10
<b>COFFEE &amp; TEA</b>		
77542	MURCHIE'S - COFFEE BEST FILTER GROUND - 400G	\$ 14.35
194015	MURCHIE'S - TEA 1894 SELECT ORANGE PEKOE TEA BAGS - 8OZ	\$ 12.25
194404	PEET'S - COFFEE FRENCH ROAST GROUND - 1LB	\$ 20.51
<b>COOKIE DOUGH</b>		
194200	ENGLISH BAY - COOKIE DOUGH CHOCOLATE CHIP - 3LB PAIL	\$ 10.80
194201	ENGLISH BAY - COOKIE DOUGH OATMEAL & RAISIN - 3LB PAIL	\$ 10.80
194203	ENGLISH BAY - COOKIE DOUGH WHITE CHOCOLATE CHUNK MACADAMIA NUT - 3LB PAIL	\$ 15.35
<b>COTTAGE CHEESE</b>		
66100	DAIRYLAND - COTTAGE CHEESE 2% - 250G	\$ 2.39
66205	DAIRYLAND - COTTAGE CHEESE FAT FREE - 500G	\$ 4.52
66201	DAIRYLAND - COTTAGE CHEESE LIGHT - 500G	\$ 4.32
66200	DAIRYLAND - COTTAGE CHEESE 2% - 500G	\$ 4.32

# PRODUCT LIST

66301	DAIRYLAND - COTTAGE CHEESE LIGHT - 750G	\$ 6.37
66300	DAIRYLAND - COTTAGE CHEESE 2% - 750G	\$ 6.37
66350	DAIRYLAND - COTTAGE CHEESE 2% - 3.5KG	\$ 31.26
166079	DAIRYLAND - COTTAGE CHEESE 1% PLAIN - PACK 4 X 113G	\$ 5.97
166082	DAIRYLAND - COTTAGE CHEESE FRUIT COMBO APPLE/BERRY/PEACH - PACK 4 X 113G	\$ 5.97
166087	DAIRYLAND - COTTAGE CHEESE FRUIT COMBO STRAWBERRY/PINEAPPLE - PACK 4 X 113G	\$ 5.97
<b>COTTAGE CHEESE - DRY</b>		
66315	DAIRYLAND - DRY COTTAGE CHEESE - 600G	\$ 7.31
650010	DAIRYLAND - DRY COTTAGE CHEESE - 10KG	\$ 115.00
<b>CREAMER - BAILEYS</b>		
150383	BAILEYS - COFFEE CREAMER CARAMEL - 400ML	\$ 3.74
150382	BAILEYS - COFFEE CREAMER FRENCH VANILLA - 400ML	\$ 3.74
150381	BAILEYS - COFFEE CREAMER IRISH CREAM - 400ML	\$ 3.74
<b>CREAMERS - BAGS OF INDIVIDUAL CUPS</b>		
130376	DAIRYLAND - CREAMERS 10% - BAG 160 X 9ML	\$ 10.05
130378	DAIRYLAND - CREAMERS 18% - BAG 160 X 9ML	\$ 10.81
130375	DAIRYLAND - MILKETTES 2% - BAG 160 X 9ML	\$ 9.00
<b>CREAMO</b>		
131024	DAIRYLAND - CREAMO 10% - 237ML	\$ 1.55
131030	DAIRYLAND - CREAMO FAT FREE - 473ML	\$ 2.32
131031	DAIRYLAND - CREAMO LIGHT 6% - 473ML	\$ 2.59
131027	DAIRYLAND - CREAMO 10% - 473ML	\$ 2.59
131029	DAIRYLAND - CREAMO 18% - 473ML	\$ 3.07
130215	DAIRYLAND - CREAMO FAT FREE - 1L	\$ 4.25
130327	DAIRYLAND - CREAMO LIGHT 6% - 1L	\$ 4.25
130305	DAIRYLAND - CREAMO 10% - 1L	\$ 4.24
130314	DAIRYLAND - CREAMO 18% - 1L	\$ 5.18
<b>CREAMO - ORGANIC</b>		
131032	DAIRYLAND - CREAMO <b>ORGANIC</b> 10% - 473ML	\$ 2.95
130821	DAIRYLAND - CREAMO <b>ORGANIC</b> 10% - 1L	\$ 5.52
<b>DELI MEATS</b>		
194237	FREYBE - HAM BLACK FOREST SLICED - 175G	\$ 5.99
194238	FREYBE - HAM OLD FASHIONED SLICED - 175G	\$ 5.99
194240	FREYBE - TURKEY HICKORY SMOKED SLICED - 175G	\$ 6.86
<b>DESSERTS &amp; SWEETS</b>		
194173	GOURMET BAKER - CARROT CAKE - 6" X 8"	\$ 8.68
194172	GOURMET BAKER - FUDGE BROWNIES - 6" X 8"	\$ 8.68
194171	GOURMET BAKER - NANAIMO BARS - 6" X 8"	\$ 8.68
78490	SUGARPLUM - CHEESECAKE MOCHA - 8"	\$ 15.00
75647	SUGARPLUM - CHEESECAKE NEW YORK - 8"	\$ 14.32
78491	SUGARPLUM - CHEESECAKE STRAWBERRY - 8"	\$ 15.00

# PRODUCT LIST

75645	SUGARPLUM – CHEESECAKE TURTLE - 8"	\$ 14.56
<b>DIPS</b>		
165851	HELUVA GOOD DIP - CARAMELIZED ONION - 250G	\$ 3.12
165844	HELUVA GOOD DIP - DILL PICKLE - 250G	\$ 3.12
165840	HELUVA GOOD DIP - FRENCH ONION - 250G	\$ 3.12
165848	HELUVA GOOD DIP - GARLIC & PARMESAN - 250G	\$ 3.12
165842	HELUVA GOOD DIP - JALAPENO CHEDDAR - 250G	\$ 3.12
165810	HELUVA GOOD DIP - FRENCH ONION - 680G	\$ 6.55
<b>EGGNOG - SEASONAL NOVEMBER &amp; DECEMBER</b>		
130412	DAIRYLAND - EGGNOG LIGHT - 946ML	\$ 3.06
130410	DAIRYLAND - EGGNOG ORIGINAL - 946ML	\$ 3.06
130411	DAIRYLAND - EGGNOG CLASSIC - 946ML	\$ 3.41
130316	DAIRYLAND - EGGNOG LIGHT - 2L	\$ 6.08
130407	DAIRYLAND - EGGNOG ORIGINAL - 2L	\$ 6.07
130406	DAIRYLAND - EGGNOG CLASSIC - 2L	\$ 6.60
<b>EGGS</b>		
194638	EGGS - LARGE BORN 3 - 1 DOZEN	\$ 4.79
194636	EGGS - LARGE BROWN FREE RANGE - 1 DOZEN	\$ 6.44
150254	EGGS - LARGE WHITE - 1 DOZEN	\$ 3.70
<b>GROCERY ITEMS</b>		
78442	DUSO'S - PASTA RAINBOW 4 CHEESE TORTELLINI - 300G	\$ 4.73
78443	DUSO'S - TOMATO SAUCE TRADITIONAL - 300ML	\$ 4.98
194302	FREYBE - SMOKIES BAVARIAN SKINLESS - 450G	\$ 8.88
194317	LUIGI'S - LASAGNA MEAT - 350G	\$ 7.35
194316	LUIGI'S - LASAGNA VEGGIE - 350G	\$ 7.35
194249	LUIGI'S - LASAGNA MEAT - 900G	\$ 11.54
194250	LUIGI'S - LASAGNA VEGGIE - 900G	\$ 11.54
194319	LUIGI'S - MEATBALLS - 800G	\$ 13.38
194246	LUIGI'S - PIZZA CHEESE - 12"	\$ 11.28
194248	LUIGI'S - PIZZA HAWAIIAN - 12"	\$ 12.43
194247	LUIGI'S - PIZZA PEPPERONI - 12"	\$ 12.43
194616	RED SQUARE - MINI PEROGIES POTATO & CHEDDAR - BAG OF 100	\$ 7.62
194617	RED SQUARE - MINI PEROGIES POTATO & ONION - BAG OF 100	\$ 7.62
75783	SANJAY'S - BUTTER CHICKEN SAUCE - 500ML	\$ 8.70
194687	SCHNEIDERS - BACON SLICED - 375G	\$ 7.99
194686	SCHNEIDERS - BEEF WIENERS - 10PK	\$ 5.15
194681	SCHNEIDERS - SAUSAGE ROLLS MINI - 325G	\$ 5.80
<b>HOUSEHOLD ITEMS</b>		
194804	BC 100 - LAUNDRY DETERGENT POWDER - 11KG	\$ 42.49
150343	STYROFOAM COOLER	\$ 10.29
<b>ICE CREAM - MIX</b>		

# PRODUCT LIST

103000	DAIRYLAND - ICE CREAM MIX - 2L	\$ 9.54
103051	DAIRYLAND - ICE CREAM MIX VANILLA UHT - 10L	\$ 47.26
<b>INTERNATIONAL DELIGHT CREAMERS</b>		
150285	INTERNATIONAL DELIGHT - CINNABON - 473ML	\$ 3.74
150292	INTERNATIONAL DELIGHT - FRENCH VANILLA - 473ML	\$ 3.74
150291	INTERNATIONAL DELIGHT - FRENCH VANILLA FAT FREE - 473ML	\$ 3.74
150293	INTERNATIONAL DELIGHT - HAZELNUT - 473ML	\$ 3.74
150289	INTERNATIONAL DELIGHT - HAZELNUT FAT FREE - 473ML	\$ 3.74
150290	INTERNATIONAL DELIGHT - IRISH CREAM - 473ML	\$ 3.74
150288	INTERNATIONAL DELIGHT - MINT CHOCOLATE - 473ML	\$ 3.74
150287	INTERNATIONAL DELIGHT - SOUTHERN BUTTER PECAN - 473ML	\$ 3.74
150286	INTERNATIONAL DELIGHT - VANILLA TOFFEE CARAMEL - 473ML	\$ 3.74
150073	INTERNATIONAL DELIGHT – SOUTHERN BUTTER PECAN - 946ML	\$ 6.45
150078	INTERNATIONAL DELIGHT - FRENCH VANILLA - 946ML	\$ 6.45
150072	INTERNATIONAL DELIGHT - FRENCH VANILLA FAT FREE- 946ML	\$ 6.45
150076	INTERNATIONAL DELIGHT - FRENCH VANILLA SUGAR REDUCED - 946ML	\$ 6.45
150079	INTERNATIONAL DELIGHT - HAZELNUT - 946ML	\$ 6.45
150075	INTERNATIONAL DELIGHT - HAZELNUT FAT FREE- 946ML	\$ 6.45
150077	INTERNATIONAL DELIGHT - IRISH CREAM - 946ML	\$ 6.45
150074	INTERNATIONAL DELIGHT - VANILLA TOFFEE CARAMEL - 946ML	\$ 6.45
150240	INTERNATIONAL DELIGHT - FRENCH VANILLA BOX - 288 X 13ML	\$ 32.09
150242	INTERNATIONAL DELIGHT - HAZELNUT BOX - 288 X 13ML	\$ 32.09
150241	INTERNATIONAL DELIGHT - IRISH CREAM BOX - 288 X 13ML	\$ 32.09
<b>JUICE &amp; ICE TEA</b>		
7723	OCEAN SPRAY - CRANBERRY COCKTAIL - 1.77L	\$ 6.37
194181	OCEAN SPRAY - CRANBERRY & BLUEBERRY COCKTAIL - 1.89L	\$ 6.77
194182	OCEAN SPRAY - CRANBERRY & POMEGRANATE 100% JUICE - 1.77L	\$ 6.77
157769	ORCHARD HILL - ICED TEA CITRUS - 2L	\$ 3.73
157814	ORCHARD HILL - ICED TEA CITRUS - 1L JUG	\$ 1.74
271204	TROPICANA - ORANGE JUICE HOMESTYLE WITH PULP - 1.65L	\$ 6.49
271203	TROPICANA - ORANGE JUICE ORIGINAL - 1.65L	\$ 6.49
<b>JUICE BOXES - 200ML</b>		
157674	MINUTE MAID - APPLE JUICE 100% - 10 X 200ML	\$ 5.72
157675	MINUTE MAID - ORANGE JUICE 100% - 10 X 200ML	\$ 5.72
157664	MINUTE MAID - APPLE JUICE 100% - 4 X 10 X 200ML	\$ 22.87
157665	MINUTE MAID - ORANGE JUICE 100% - 4 X 10 X 200ML	\$ 22.87
<b>LACTOSE FREE - CHOCOLATE MILK, CREAMO &amp; MILK</b>		
271873	DAIRYLAND - CREAMO LACTOSE FREE 10% - 946ML	\$ 4.24
130361	DAIRYLAND - MILK LACTOSE FREE 1% - 1L	\$ 3.62
130810	DAIRYLAND - MILK LACTOSE FREE SKIM - 2L	\$ 6.15
130524	DAIRYLAND - MILK LACTOSE FREE 1% - 2L	\$ 6.15
130809	DAIRYLAND - MILK LACTOSE FREE 2% - 2L	\$ 6.15

# PRODUCT LIST

130368	DAIRYLAND - MILK LACTOSE FREE CHOCOLATE 1% - 2L	\$ 6.55
128265	DAIRYLAND - MILK LACTOSE FREE 1% - 4L JUG	\$ 10.77
128266	DAIRYLAND - MILK LACTOSE FREE 2% - 4L JUG	\$ 10.77
<b>MARGARINE</b>		
171525	MEADOWVALE - MARGARINE SOFT - 454G	\$ 2.94
171524	MEADOWVALE - MARGARINE SOFT - 24 X 454G	\$ 68.89
<b>MILK</b>		
131081	DAIRYLAND - MILK SKIM - 237ML	\$ 1.05
131083	DAIRYLAND - MILK 1% - 237ML	\$ 1.00
131080	DAIRYLAND - MILK 2% - 237ML	\$ 1.06
131084	DAIRYLAND - MILK 2% - 473ML	\$ 1.67
130302	DAIRYLAND - MILK SKIM - 1L	\$ 2.83
130308	DAIRYLAND - MILK 1% - 1L	\$ 2.85
130301	DAIRYLAND - MILK 2% - 1L	\$ 2.86
130300	DAIRYLAND - MILK 3.25% - 1L	\$ 2.95
130402	DAIRYLAND - MILK SKIM - 2L	\$ 5.12
130503	DAIRYLAND - MILK SKIM - 2L JUG	\$ 5.14
130408	DAIRYLAND - MILK 1% - 2L	\$ 5.14
130502	DAIRYLAND - MILK 1% - 2L JUG	\$ 5.16
130401	DAIRYLAND - MILK 2% - 2L	\$ 5.15
130501	DAIRYLAND - MILK 2% - 2L JUG	\$ 5.17
130400	DAIRYLAND - MILK 3.25% - 2L	\$ 5.25
130500	DAIRYLAND - MILK 3.25% - 2L JUG	\$ 5.33
130552	DAIRYLAND - MILK SKIM - 4L JUG	\$ 6.39
130558	DAIRYLAND - MILK 1% - 4L JUG	\$ 6.39
130551	DAIRYLAND - MILK 2% - 4L JUG	\$ 6.39
130560	DAIRYLAND - MILK 3.25% - 4L JUG	\$ 7.19
<b>MILK - AVALON GLASS BOTTLE</b>		
129333	AVALON - MILK SKIM BOTTLE - 1L	\$ 3.70
129332	AVALON - MILK 1% BOTTLE - 1L	\$ 3.70
129331	AVALON - MILK 2% BOTTLE - 1L	\$ 3.71
129330	AVALON - MILK 3.25% BOTTLE - 1L	\$ 3.74
<b>MILK - GOAT</b>		
150109	HAPPY DAYS - GOAT MILK WHOLE - 1L	\$ 5.00
150111	HAPPY DAYS - GOAT MILK 2% - 2L	\$ 7.99
150110	HAPPY DAYS - GOAT MILK WHOLE - 2L	\$ 7.99
<b>MILK - ORGANIC</b>		
130940	DAIRYLAND - <b>ORGANIC</b> MILK SKIM - 1L JUG	\$ 3.64
130949	DAIRYLAND - <b>ORGANIC</b> MILK 1% - 1L JUG	\$ 3.64
130948	DAIRYLAND - <b>ORGANIC</b> MILK 2% - 1L JUG	\$ 3.74
130947	DAIRYLAND - <b>ORGANIC</b> MILK 3.25% - 1L JUG	\$ 3.85
130845	DAIRYLAND - <b>ORGANIC</b> MILK SKIM - 2L JUG	\$ 6.76

# PRODUCT LIST

130934	DAIRYLAND - <b>ORGANIC</b> MILK 1% - 2L JUG	\$ 6.77
130935	DAIRYLAND - <b>ORGANIC</b> MILK 2% - 2L JUG	\$ 6.77
130936	DAIRYLAND - <b>ORGANIC</b> MILK 3.25% - 2L JUG	\$ 7.08
130943	DAIRYLAND - <b>ORGANIC</b> MILK SKIM - 4L JUG	\$ 10.77
130944	DAIRYLAND - <b>ORGANIC</b> MILK 1% - 4L JUG	\$ 10.77
130942	DAIRYLAND - <b>ORGANIC</b> MILK 2% - 4L JUG	\$ 10.77
130941	DAIRYLAND - <b>ORGANIC</b> MILK 3.25% - 4L JUG	\$ 11.31
<b>MILK - 2 GO'S</b>		
130273	MILK 2 GO - 2% - 325ML	\$ 1.99
130278	MILK 2 GO - 2% - 12 X 325ML	\$ 21.11
130272	MILK 2 GO - CHOCOLATE - 325ML	\$ 1.99
130277	MILK 2 GO - CHOCOLATE - 12 X 325ML	\$ 21.23
130271	MILK 2 GO - STRAWBERRY - 325ML	\$ 1.99
130279	MILK 2 GO - STRAWBERRY - 12 X 325ML	\$ 21.23
130276	MILK 2 GO - VANILLA 1% - 325ML	\$ 1.99
131001	MILK 2 GO - 1% - 473ML	\$ 2.41
131113	MILK 2 GO - 1% - 12 X 473ML	\$ 28.79
131146	MILK 2 GO - 2% - 473ML	\$ 2.41
137146	MILK 2 GO - 2% - 6 X 473ML	\$ 14.40
131148	MILK 2 GO - BANANA - 473ML	\$ 2.41
131160	MILK 2 GO - CHOCOLATE - 473ML	\$ 2.41
137160	MILK 2 GO - CHOCOLATE - 6 X 473ML	\$ 14.40
131114	MILK 2 GO - CHOCOLATE - 12 X 473ML	\$ 28.79
131149	MILK 2 GO - CHOCOLATE SUGAR REDUCED - 473ML	\$ 2.41
131150	MILK 2 GO - COOKIES & CREAM - 473ML	\$ 2.41
131155	MILK 2 GO - ICED CHAI TEA LATTE - 473ML	\$ 2.41
131147	MILK 2 GO - ICED COFFEE - 473ML	\$ 2.41
131145	MILK 2 GO - STRAWBERRY - 473ML	\$ 2.41
137145	MILK 2 GO - STRAWBERRY - 6 X 473ML	\$ 14.40
131151	MILK 2 GO - VANILLA - 473ML	\$ 2.41
130338	MILK 2 GO SPORT - CHOCOLATE - 325ML	\$ 2.41
130348	MILK 2 GO SPORT - STRAWBERRY BANANA - 325ML	\$ 2.41
130339	MILK 2 GO SPORT - VANILLA - 325ML	\$ 2.41
<b>MILK - TRAYS 120ML</b>		
130073	DAIRYLAND - MILK SKIM TRAY - 16 X 120ML	\$ 8.47
130071	DAIRYLAND - MILK 2% TRAY - 16 X 120ML	\$ 8.75
130070	DAIRYLAND - MILK HOMO TRAY - 16 X 120ML	\$ 8.67
<b>MILK &amp; CREAM - 10 &amp; 20 LITRE BAGS</b>		
134066	DAIRYLAND - 18% CREAM TUBE 9" - 10L	\$ 52.52
134057	DAIRYLAND - 1% MILK - 20L	\$ 50.07
134014	DAIRYLAND - 2% MILK TUBE - 20L	\$ 52.29
134016	DAIRYLAND - 2% MILK TUBE PFS - 20L	\$ 52.14

# PRODUCT LIST

MILK & MILK BEVERAGE - CHOCOLATE		
131060	DAIRYLAND - MILK CHOCOLATE 1% - 237ML	\$ 1.16
131059	DAIRYLAND - MILK CHOCOLATE 1% SUGAR REDUCED - 237ML	\$ 1.16
131062	DAIRYLAND - MILK CHOCOLATE 1% - 473ML	\$ 1.86
131125	DAIRYLAND - MILK BEVERAGE CHOCOLATE 1% - 946ML	\$ 3.14
130321	DAIRYLAND - MILK CHOCOLATE SUGAR REDUCED - 1L JUG	\$ 3.26
130420	DAIRYLAND - MILK BEVERAGE CHOCOLATE 1% - 1L JUG	\$ 3.25
130423	DAIRYLAND - MILK BEVERAGE CHOCOLATE 1% - 2L JUG	\$ 5.73
130322	DAIRYLAND - MILK CHOCOLATE SUGAR REDUCED - 2L JUG	\$ 5.72
130421	DAIRYLAND - MILK BEVERAGE CHOCOLATE 1% - 4L JUG	\$ 8.19
MILK BEVERAGE - STRAWBERRY		
130506	DAIRYLAND - MILK BEVERAGE STRAWBERRY - 1L JUG	\$ 3.26
MILKSHAKES		
131106	NEILSON - MILKSHAKE CARAMILK - 310ML	\$ 2.22
131108	NEILSON - MILKSHAKE CRISPY CRUNCH - 310ML	\$ 2.22
131102	NEILSON - MILKSHAKE FRENCH VANILLA - 310ML	\$ 2.22
131110	NEILSON - MILKSHAKE MR BIG - 310ML	\$ 2.22
131104	NEILSON - MILKSHAKE STRAWBERRY - 310ML	\$ 2.22
PIES - READY TO BAKE		
194168	DESSERTCO - APPLE PIE - 9"	\$ 11.26
194170	DESSERTCO - BUMBLEBERRY PIE - 9"	\$ 11.26
194169	DESSERTCO - PEACH PIE - 9"	\$ 11.26
SEASONAL ITEMS		
194794	BOTTICELLI CHOCOLATES - HEDGEHOGS - 227G	\$ 9.99
194639	CHINESE MANDARIN ORANGES - 5LB BOX	
410750	SPECIALTY CHEESE BOX - 1KG	
SILK - ALMOND/CASHEW/COCONUT/SOY		
271842	SILK - ALMOND COCONUT UNSWEETENED - 1.89L	\$ 6.03
271850	SILK - ALMOND DARK CHOCOLATE - 1.89L	\$ 6.03
271851	SILK - ALMOND ORIGINAL - 1.89L	\$ 6.03
271857	SILK - ALMOND UNSWEETENED ORIGINAL - 1.89L	\$ 6.03
271852	SILK - ALMOND UNSWEETENED VANILLA - 1.89L	\$ 6.03
271853	SILK - ALMOND VANILLA - 1.89L	\$ 6.03
271863	SILK - ALMOND VANILLA CREAMER - 473ML	\$ 4.17
271862	SILK - CASHEW UNSWEETENED - 1.89L	\$ 6.03
271868	SILK - CASHEW UNSWEETENED VANILLA - 1.89L	\$ 6.03
271854	SILK - COCONUT ORIGINAL - 1.89L	\$ 6.03
271858	SILK - COCONUT UNSWEETENED - 1.89L	\$ 6.03
271837	SILK - SOY CHOCOLATE - 1.89L	\$ 5.66
271835	SILK - SOY ORIGINAL - 1.89L	\$ 5.66



# PRODUCT LIST

271856	SILK - SOY ORIGINAL CREAMER - 473ML	\$ 4.17
271839	SILK - SOY UNSWEETENED - 1.89L	\$ 5.66
271836	SILK - SOY VANILLA - 1.89L	\$ 5.66
<b>SOUR CREAM</b>		
165260	DAIRYLAND - FAT FREE - 250ML	\$ 2.40
165300	DAIRYLAND - REGULAR - 250ML	\$ 2.39
165250	DAIRYLAND - FAT FREE - 500ML	\$ 3.90
165200	DAIRYLAND - LIGHT - 500ML	\$ 3.77
165310	DAIRYLAND - REGULAR - 500ML	\$ 3.81
165320	DAIRYLAND - REGULAR - 750ML	\$ 5.56
165340	DAIRYLAND - REGULAR - 4L	\$ 24.14
<b>WATER</b>		
194737	GLACIER SPRINGS - WATER - 12 X 500ML	\$ 10.43
168450	GLACIER SPRINGS - WATER - 4L	\$ 4.29
<b>WHIPPING CREAM</b>		
131025	DAIRYLAND - WHIPPING CREAM 33% - 237ML	\$ 2.06
131028	DAIRYLAND - WHIPPING CREAM 33% - 473ML	\$ 3.50
130306	DAIRYLAND - WHIPPING CREAM 33% - 1L	\$ 6.34
130311	DAIRYLAND - WHIPPING CREAM 36% - 1L	\$ 6.79
150659	DAIRYLAND - AEROSOL REAL WHIP CREAM - 225G	\$ 4.59
150661	DAIRYLAND - AEROSOL REAL WHIP CREAM - 400G	\$ 7.06
150658	DAIRYLAND - AEROSOL REAL WHIP CREAM - 12 X 225G	\$ 46.23
150660	DAIRYLAND - AEROSOL REAL WHIP CREAM - 12 X 400G	\$ 84.11
<b>YOGURT</b>		
810250	ACTIVIA - VANILLA - 650G	\$ 4.89
810380	ACTIVIA - VANILLA PACK - 8 X 100G	\$ 6.19
164244	DAIRYLAND - CLASSIC VANILLA MANGO - 650G	\$ 5.04
164247	DAIRYLAND - CLASSIC VANILLA RASPBERRY - 650G	\$ 5.04
164248	DAIRYLAND - CLASSIC VANILLA STRAWBERRY - 650G	\$ 5.04
164313	DAIRYLAND - CLASSIC MULTIPACK MANGO/PEACH/RASPBERRY/STRAWBERRY - 12 X 125G	\$ 9.32
164212	DAIRYLAND - FAT FREE FRENCH VANILLA - 175G	\$ 1.56
164203	DAIRYLAND - FAT FREE PEACH - 175G	\$ 1.56
164202	DAIRYLAND - FAT FREE RASPBERRY - 175G	\$ 1.56
164201	DAIRYLAND - FAT FREE STRAWBERRY - 175G	\$ 1.56
164243	DAIRYLAND - FAT FREE FRENCH VANILLA - 650G	\$ 4.81
164238	DAIRYLAND - FAT FREE PEACH - 650G	\$ 4.81
164239	DAIRYLAND - FAT FREE PLAIN - 650G	\$ 4.81
164240	DAIRYLAND - FAT FREE RASPBERRY - 650G	\$ 4.81
164242	DAIRYLAND - FAT FREE STRAWBERRY - 650G	\$ 4.81
166303	DAIRYLAND - STIRRED BLUEBERRY - 100G	\$ 1.02
166302	DAIRYLAND - STIRRED PEACH - 100G	\$ 1.02
166301	DAIRYLAND - STIRRED RASPBERRY - 100G	\$ 1.02

# PRODUCT LIST

166300	DAIRYLAND - STIRRED STRAWBERRY - 100G	\$ 1.02
165319	DAIRYLAND - STIRRED MULTI PACK - 12 X 100G	\$ 9.24
164353	DAIRYLAND - STIRRED BLUEBERRY - 175G	\$ 1.56
164356	DAIRYLAND - STIRRED FIELDBERRY - 175G	\$ 1.56
164352	DAIRYLAND - STIRRED PEACH - 175G	\$ 1.56
164351	DAIRYLAND - STIRRED RASPBERRY - 175G	\$ 1.56
164350	DAIRYLAND - STIRRED STRAWBERRY - 175G	\$ 1.56
164230	DAIRYLAND - STIRRED BLUEBERRY - 650G	\$ 4.60
164231	DAIRYLAND - STIRRED FIELDBERRY - 650G	\$ 4.60
164233	DAIRYLAND - STIRRED PEACH - 650G	\$ 4.60
164234	DAIRYLAND - STIRRED PLAIN - 650G	\$ 4.60
164235	DAIRYLAND - STIRRED RASPBERRY - 650G	\$ 4.60
164236	DAIRYLAND - STIRRED STRAWBERRY - 650G	\$ 4.60
164237	DAIRYLAND - STIRRED VANILLA - 650G	\$ 4.60
162126	NATURE'S TREAT - GREEK STYLE - 4KG	\$ 20.38
811550	OIKOS - PLAIN 2% - 500G	\$ 5.49
811560	OIKOS - VANILLA 2% - 500G	\$ 5.49
164761	SHAPE - STIRRED MULTI PACK PEACH/RASPBERRY/STRAWBERRY/VANILLA - 12 X 100G	\$ 8.90

## YOGURT - MIX

103002	DAIRYLAND - CALIFORNIA YOGURT MIX - 2L	\$ 9.86
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## ORGANIC & SPECIALTY GROCERIES

### BEVERAGES

193627	BLUE DIAMOND - ALMOND BREEZE BEVERAGE ORIGINAL - 946ML	\$ 5.38
193689	BLUE DIAMOND - ALMOND BREEZE BEVERAGE ORIGINAL UNSWEETENED - 946ML	\$ 5.38
193628	BLUE DIAMOND - ALMOND BREEZE BEVERAGE VANILLA - 946ML	\$ 5.38
194052	BLUE MONKEY - COCONUT WATER PURE - 300ML	\$ 3.95
193516	CHOICE TEAS - EARL GREY ORGANIC - 16 BAGS	\$ 8.99
193690	GEROLSTEINER - MINERAL WATER NATURALLY SPARKLING - 750ML	\$ 4.15
193531	RICE DREAM - ENRICHED ORIGINAL BEVERAGE <b>ORGANIC</b> - 946ML	\$ 5.69
193532	RICE DREAM - ENRICHED VANILLA BEVERAGE - 946ML	\$ 5.69
194056	SAN PELLEGRINO SPARKLING FRUIT BEVERAGE - ARANCIATA (ORANGE) - 6 X 330ML	\$ 8.95
194055	SAN PELLEGRINO SPARKLING FRUIT BEVERAGE - ARANCIATA ROSSA (BLOOD ORANGE) - 6 X 330ML	\$ 8.95
194057	SAN PELLEGRINO SPARKLING FRUIT BEVERAGE - CLEMENTINA (CLEMENTINE) - 6 X 330ML	\$ 8.95
194054	SAN PELLEGRINO SPARKLING FRUIT BEVERAGE - LIMONATA (LEMON) - 6 X 330ML	\$ 8.95
194058	SAN PELLEGRINO SPARKLING FRUIT BEVERAGE - POMPELMO (GRAPEFRUIT) - 6 X 330ML	\$ 8.95
157756	SIMPLY - APPLE JUICE - 1.75L	\$ 9.29

### ORGANIC - CEREALS

193560	NATURE'S PATH - CORNFLAKES FRUIT JUICE SWEETENED CEREAL ECO PAK ORGANIC - 750G	\$ 10.99
193557	NATURE'S PATH - OPTIMUM BLUEBERRY CINNAMON FLAX CEREAL <b>ORGANIC</b> - 400G	\$ 8.16
193565	NATURE'S PATH - RICE PUFFED CEREAL <b>ORGANIC</b> - 150G	\$ 3.49
76050	NATURE'S PATH - SUNRISE CRUNCHY MAPLE CEREAL <b>ORGANIC</b> - 300G	\$ 8.70

# PRODUCT LIST

## CONDIMENTS & SPREADS

76057	CROFTER'S - SPREAD PREMIUM RASPBERRY <b>ORGANIC</b> - 383ML	\$ 8.51
76054	CROFTER'S - SPREAD PREMIUM STRAWBERRY <b>ORGANIC</b> - 383ML	\$ 8.51
194540	EARTH BALANCE - BUTTERY SPREAD ORIGINAL - 425G	\$ 7.69
193567	NUTS TO YOU BUTTER - PEANUT BUTTER CRUNCHY - 500G	\$ 10.69
193568	NUTS TO YOU BUTTER - PEANUT BUTTER SMOOTH - 500G	\$ 10.69
193622	SIMPLY NATURAL - KETCHUP <b>ORGANIC</b> - 575ML	\$ 7.34
193621	SIMPLY NATURAL - SALSA CHUNKY - MEDIUM <b>ORGANIC</b> - 470ML	\$ 6.53

## ORGANIC - EGGS

193581	EGGS - LARGE <b>ORGANIC</b> - 1 DOZEN	\$ 8.49
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## HOUSEHOLD ITEMS

193598	7TH GENERATION - BATHROOM TISSUE 2 PLY - 4PK	\$ 7.49
193807	ECOVER - LAUNDRY DETERGENT LIQUID SOAP - 1.5L	\$ 16.99
193691	ECOVER - ZERO HAND DISHWASHING LIQUID SOAP - 739ML	\$ 7.99

## PASTAS & SAUCES

193500	ANNIE'S HOME GROWN - PASTA BUNNY PASTA WITH YUMMY CHEESE - 170G	\$ 5.09
193501	ANNIE'S HOME GROWN - PASTA PETITE SHELLS & CHEDDER - 170G	\$ 5.09
193618	SIMPLY NATURAL - PASTA SAUCE TOMATO & BASIL - 739ML	\$ 8.25
193619	SIMPLY NATURAL - PASTA SAUCE TOMATO & ROASTED GARLIC <b>ORGANIC</b> - 739ML	\$ 8.25

## ORGANIC - PRODUCE FRUITS & VEGETABLES

195042	APPLES GALA - 3 X 100G	\$ 6.65
195003	AVOCADO - 100g	\$ 3.19
195043	BANANAS - 3 X 100G	\$ 3.37
195004	BEETS RED - 340G	\$ 3.38
195006	CARROTS BUNCH - 100G	\$ 4.35
195005	CARROTS TABLE - 680G	\$ 4.25
195007	CELERY - 100g	\$ 3.15
195009	CUCUMBER - 100G	\$ 4.39
195011	GARLIC BULB - 100G	\$ 3.19
195044	GRAPEFRUIT - 2 X 100G	\$ 4.20
195015	KALE - 100G	\$ 3.19
195046	LEMONS - 2 X 100G	\$ 3.49
195017	LETTUCE LEAF - 100G	\$ 4.39
195019	MUSHROOMS - 142G	\$ 3.52
195021	ONIONS GREEN - 100G	\$ 3.19
195047	ORANGES - 3 X 100G	\$ 4.75
195056	ORANGES VALENCIA - 3 X 100G	\$ 5.35
195051	PEARS - 2 X 100G	\$ 3.85
195023	PEPPERS COLORED - 100G	\$ 3.39
195024	POTATOES RED - 680G	\$ 3.39
195025	POTATOES RUSSET - 680G	\$ 3.39

# PRODUCT LIST

195036	POTATOES SWEET - 340G	\$ 3.59
195026	POTATOES YELLOW - 680G	\$ 4.25
194062	SALAD BAGGED - EARLY SPRING MIX - 5OZ	\$ 5.65
195028	SALAD MIX - 113G	\$ 3.19
195029	SPINACH BABY- 113G	\$ 3.59
194068	SPINACH BABY CLAMSHELL - 142G	\$ 5.75
195037	TOMATOES - 2 X 100G	\$ 4.15
195038	YAMS - 340G	\$ 3.30
195039	ZUCCHINI - 340G	\$ 3.95

## SNACKS

193631	ANNIE'S HOME GROWN - BAKED SNACK CRACKERS ORIGINAL CHEDDAR BUNNIES - 212G	\$ 7.99
193688	ANNIE'S HOME GROWN - BUNNY GRAHAMS - 213G	\$ 8.29
194329	APPLESNAX - APPLE SAUCE CUPS <b>ORGANIC</b> - 6 X 113G	\$ 6.99
193509	BARBARA'S BAKERY - CHEESE PUFFS ORIGINAL - 198G	\$ 5.39
193672	BLUE DIAMOND - NUT THINS PECAN - 120G	\$ 5.95
193538	KETTLE - POTATO CHIPS LIGHTLY SALTED - 150G	\$ 5.05
193539	KETTLE - POTATO CHIPS NEW YORK CHEDDAR & HERBS - 150G	\$ 5.05
193540	KETTLE - POTATO CHIPS YOGURT & GREEN ONION - 150G	\$ 5.05
194252	LARABAR - APPLE - 45G	\$ 3.33
193575	PLUM.M.GOOD - RICE CAKES SALTED <b>ORGANIC</b> - 185G	\$ 5.99
193677	QUE PASA - BLUE TORTILLA CHIPS SALTED <b>ORGANIC</b> - 454G	\$ 5.75
193676	QUE PASA - YELLOW TORTILLA CHIPS SALTED <b>ORGANIC</b> - 454G	\$ 5.75

## ORGANIC - SOUPS

193646	AMY'S - SOUP BLACK BEAN VEGETABLE - 398ML	\$ 5.59
194310	AMY'S - SOUP CREAM OF MUSHROOM - 398ML	\$ 5.65
193502	AMY'S - SOUP CREAM OF TOMATO - 398ML	\$ 5.31
193645	AMY'S - SOUP LENTIL - 398ML	\$ 5.59
193504	AMY'S - SOUP MINESTRONE - 398ML	\$ 5.31
193647	AMY'S - SOUP SPLIT PEA - 398ML	\$ 5.59
194311	AMY'S - SOUP VEGETABLE BARLEY - 398ML	\$ 5.31
193534	IMAGINE FOODS - BROTH CHICKEN FREE RANGE - 946ML	\$ 7.49
193626	WOLFGANG PUCK - SOUP CHICKEN & EGG NOODLE - 398ML	\$ 5.98
193649	WOLFGANG PUCK - SOUP CORN CHOWDER - 398ML	\$ 5.98
193650	WOLFGANG PUCK - SOUP THICK HEARTY VEGETABLE - 398ML	\$ 5.98